

Advance Care Plan

An Advance Care Plan lets you share your wishes for future health and care. It's there to make sure your preferences are known if a time comes when you can't communicate with them yourself. Once you've filled it out, download your plan and share it with your friends, family, or anyone who might be part of your care, now or later.

What matters most to you

What name would you like us to call you?	
At this stage in your life, what's most important to you about your health?	
Where would you prefer to receive care?	
Have you thought about what kind of care you'd want if your health were to decline?	
What are your worries or concerns about the future?	
My health If you have any health conditions, you can list them here:	

My preferences: likes, dislikes, and beliefs

Religious and spiritual beliefs	
Favourite music artists	
Favourite songs	
Favourite movies	
Favourite TV shows and programmes	
Favourite sports teams	
Favourite magazines and / or websites	
Hobbies	
Things I really dislike	
Foods I don't like	
Foods I enjoy	
Drinks I don't like	
Drinks I enjoy	

Is there anything else you would like to document about your likes, dislikes, tastes and beliefs?	
If you have any other preferences, instructions or comments, please add them in the comment box below	

Talking About Future Plans

Talking about your wishes for health and care is important. If you've already had conversations with loved ones, your GP, or other care professionals, noting their names can help ensure your wishes are respected.

People involved in these discussions:

I have spoken with:

Name:	Position:
Name:	Position:
I haven't spoken to anyone yet	

NHS

NHS number:	
Surgery name:	
Surgery address:	
Surgery phone number:	

Organ donation

Letting the NHS Organ Donation Service know your wishes about organ donation is important. Including your decision in your care plan can help friends and family understand and honour your choice.

Are you an organ donor	Yes, I donate No, I do not want to donate
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